

# The Kids' Guide to The Dentist!

## Visiting Dr. Bear's Office

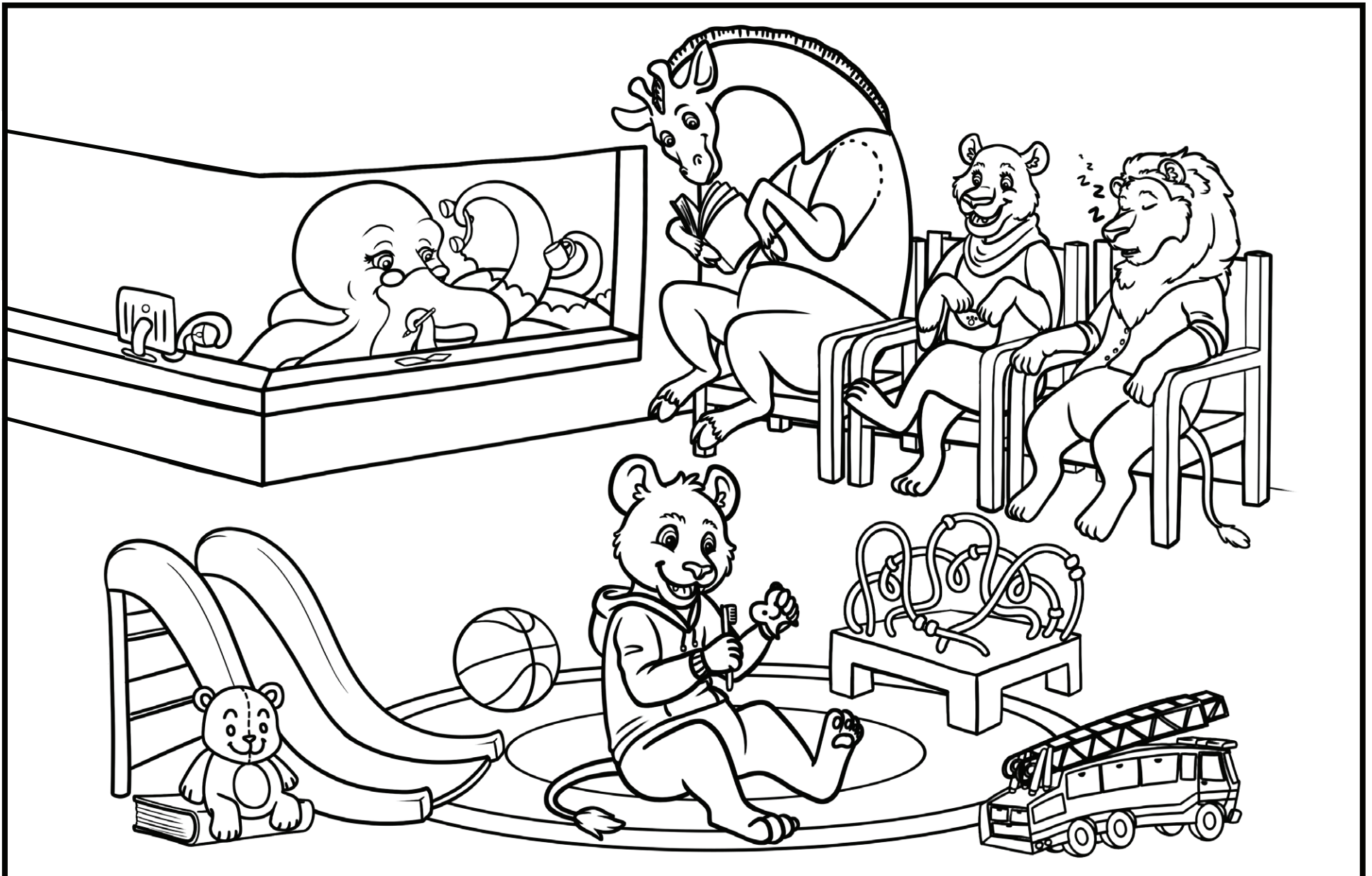


 **First Impressions** S.C.  
PEDIATRIC DENTISTRY & ORTHODONTICS

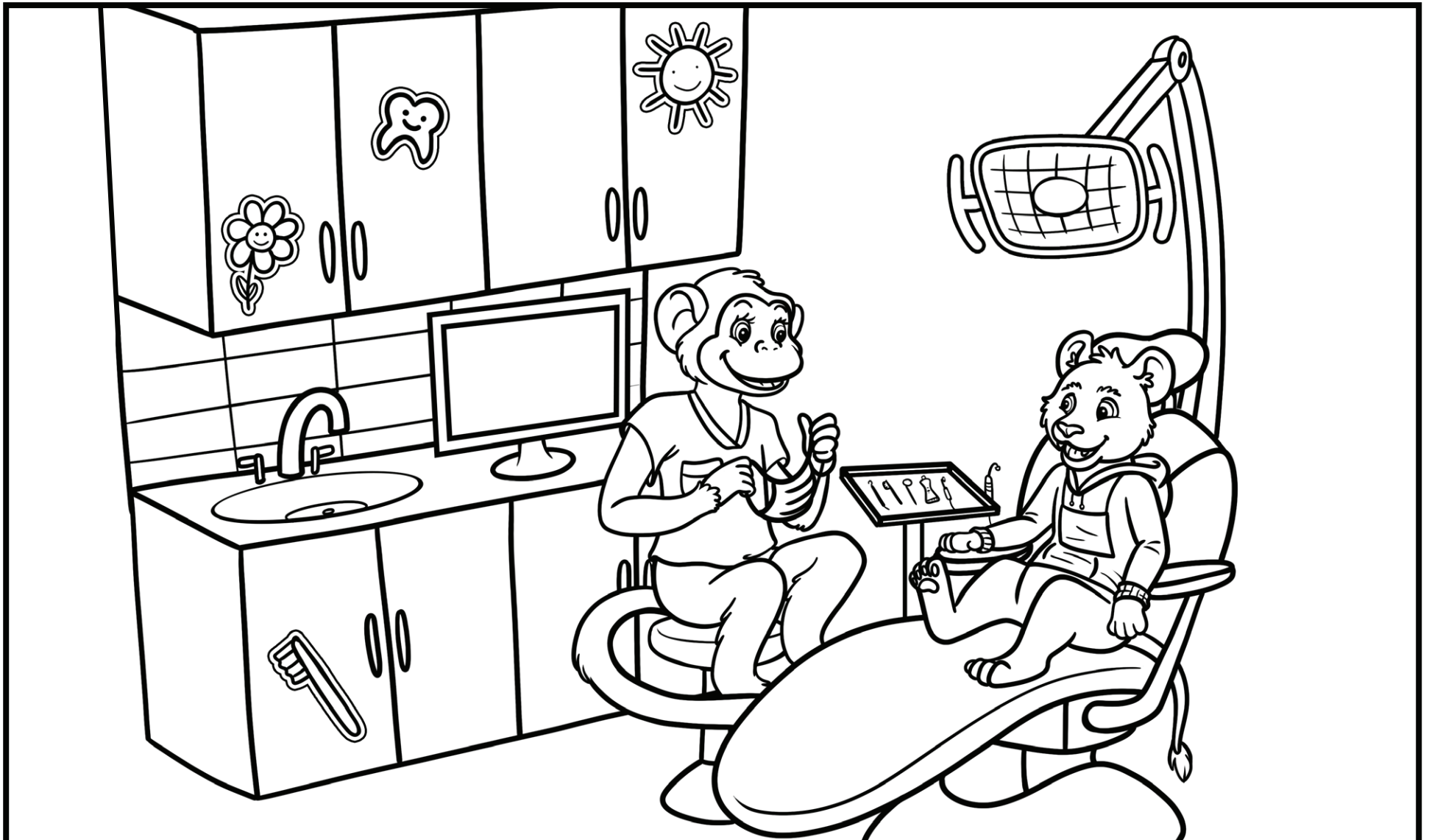
*Story and Illustration by:*  
**Imagination Design Studios**

My family is going to the dentist today.  
Mom says clean teeth are happy teeth,  
and happy teeth help us smile!



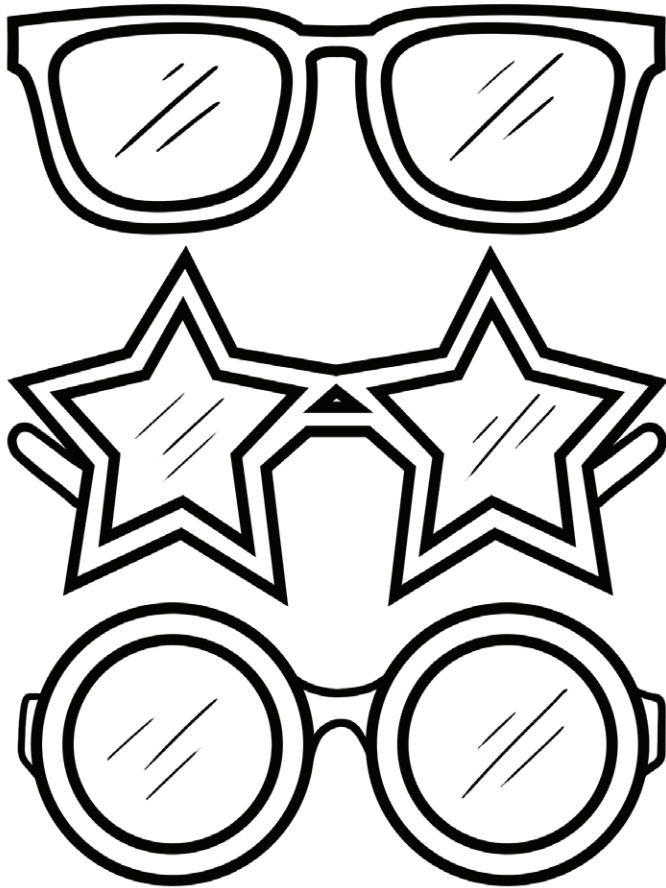


There are video games and cool toys to play with  
and fun books to read while I wait to see Dr. Bear.



Now, it's my turn! The nice hygienist leads me into a room with a big lamp to see my teeth better and a chair that goes up and down.

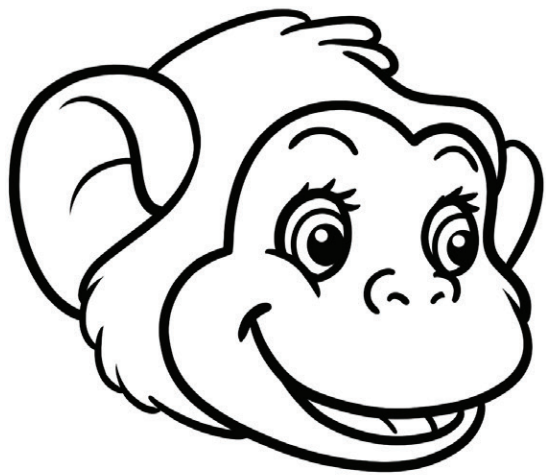
The hygienist gives me a cool pair of sunglasses  
because the light from the lamp is really bright.



Help me pick a pair!  
Draw sunglasses on me.

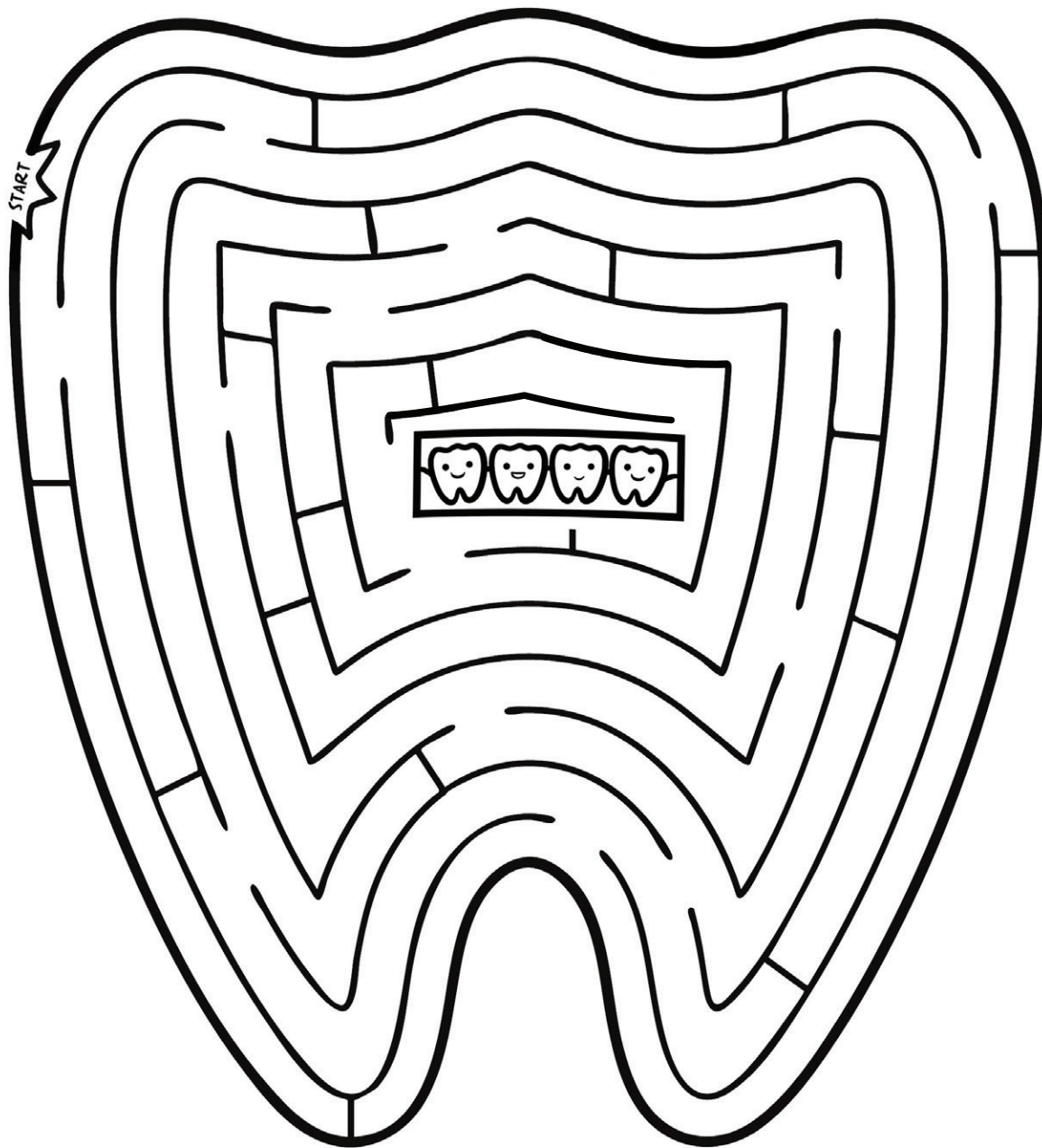


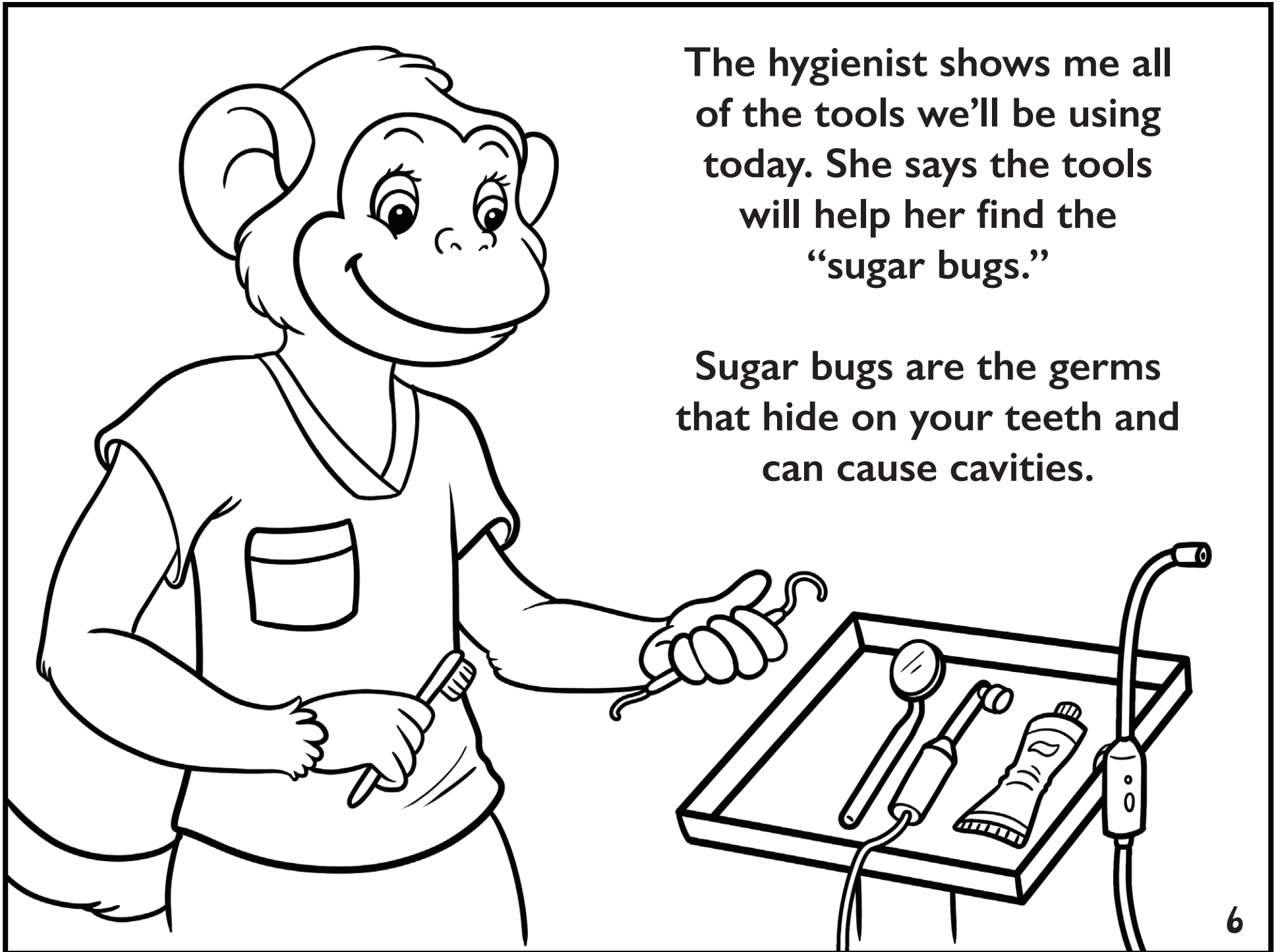




**X-rays help the  
hygienist and  
dentist see your  
teeth better.**

**Can you help the  
hygienist take the  
picture by finding  
your way through  
the maze?**

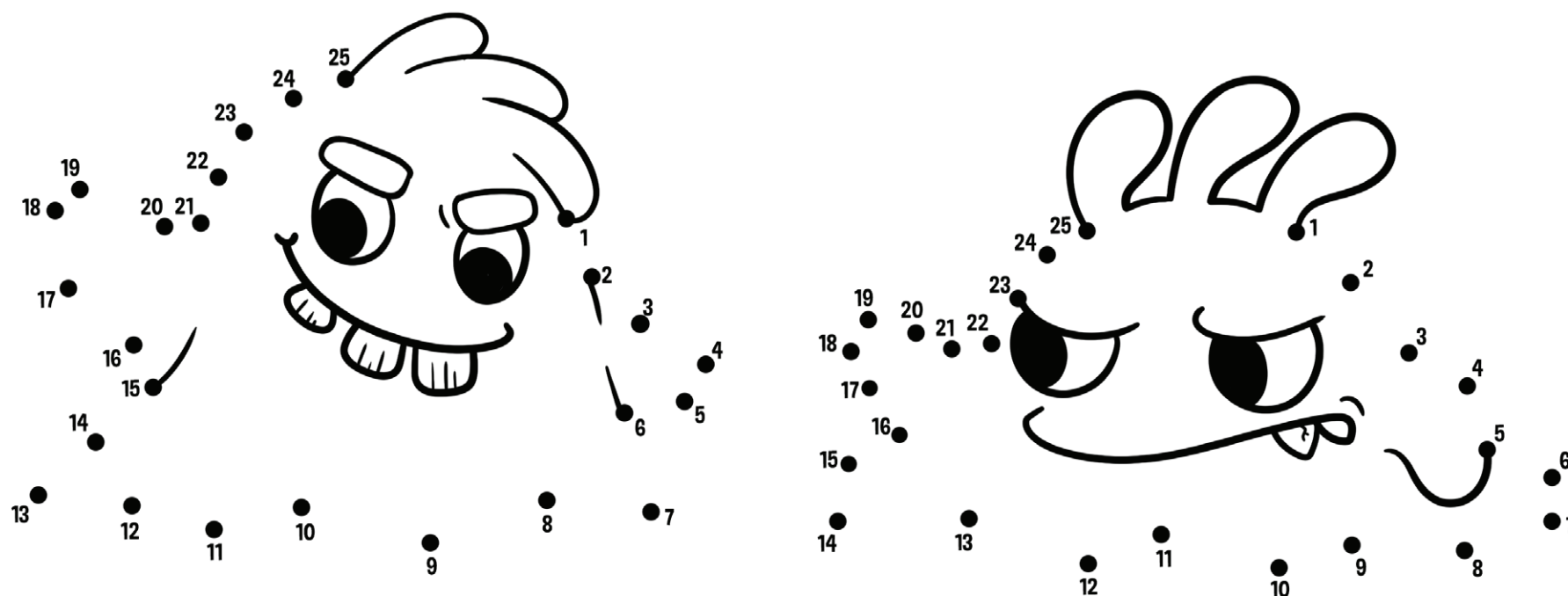




The hygienist shows me all of the tools we'll be using today. She says the tools will help her find the "sugar bugs."

Sugar bugs are the germs that hide on your teeth and can cause cavities.

Cavities can make your teeth hurt, so that's why we need to brush and floss our teeth.

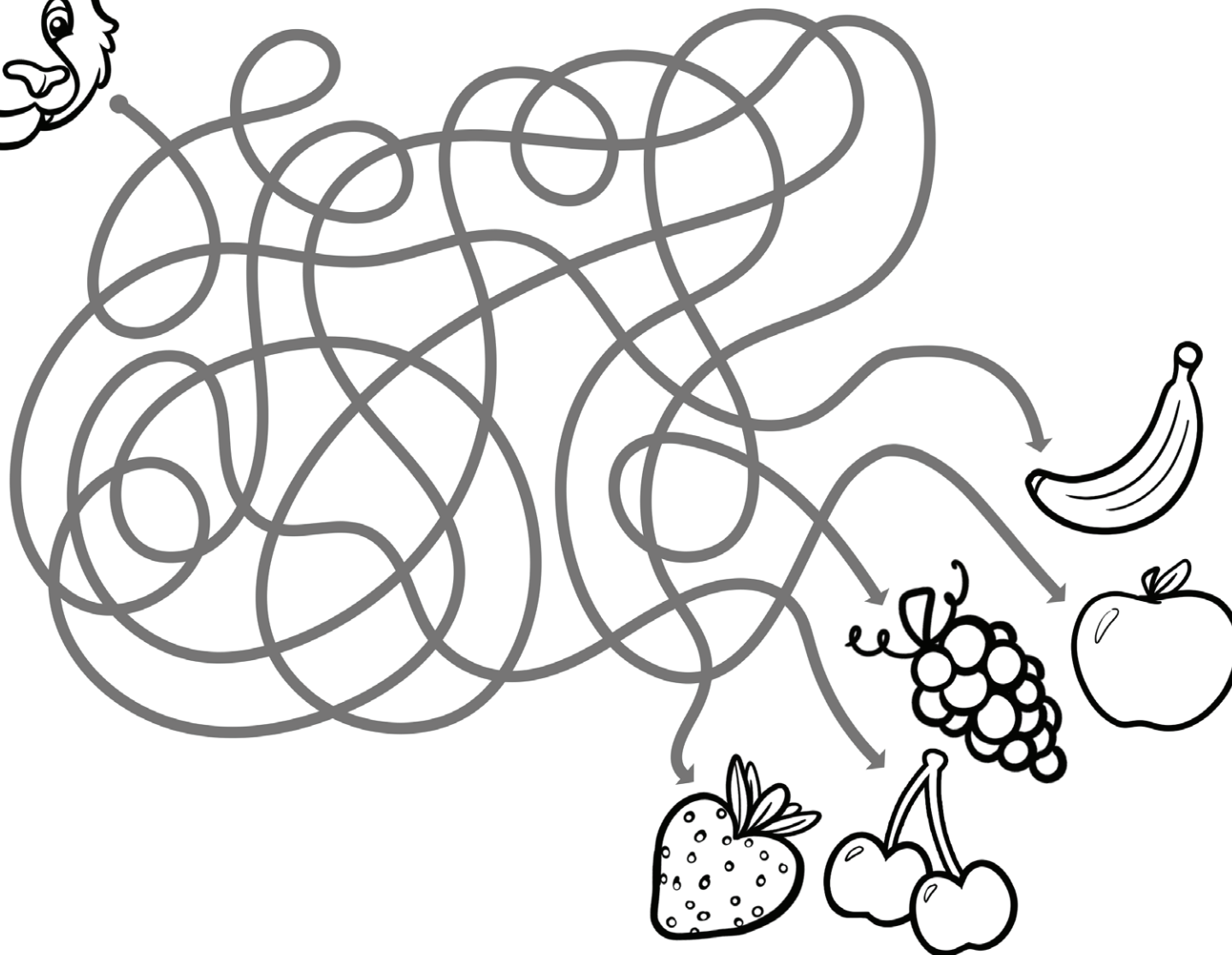


Connect the dots to find the sugar bugs!

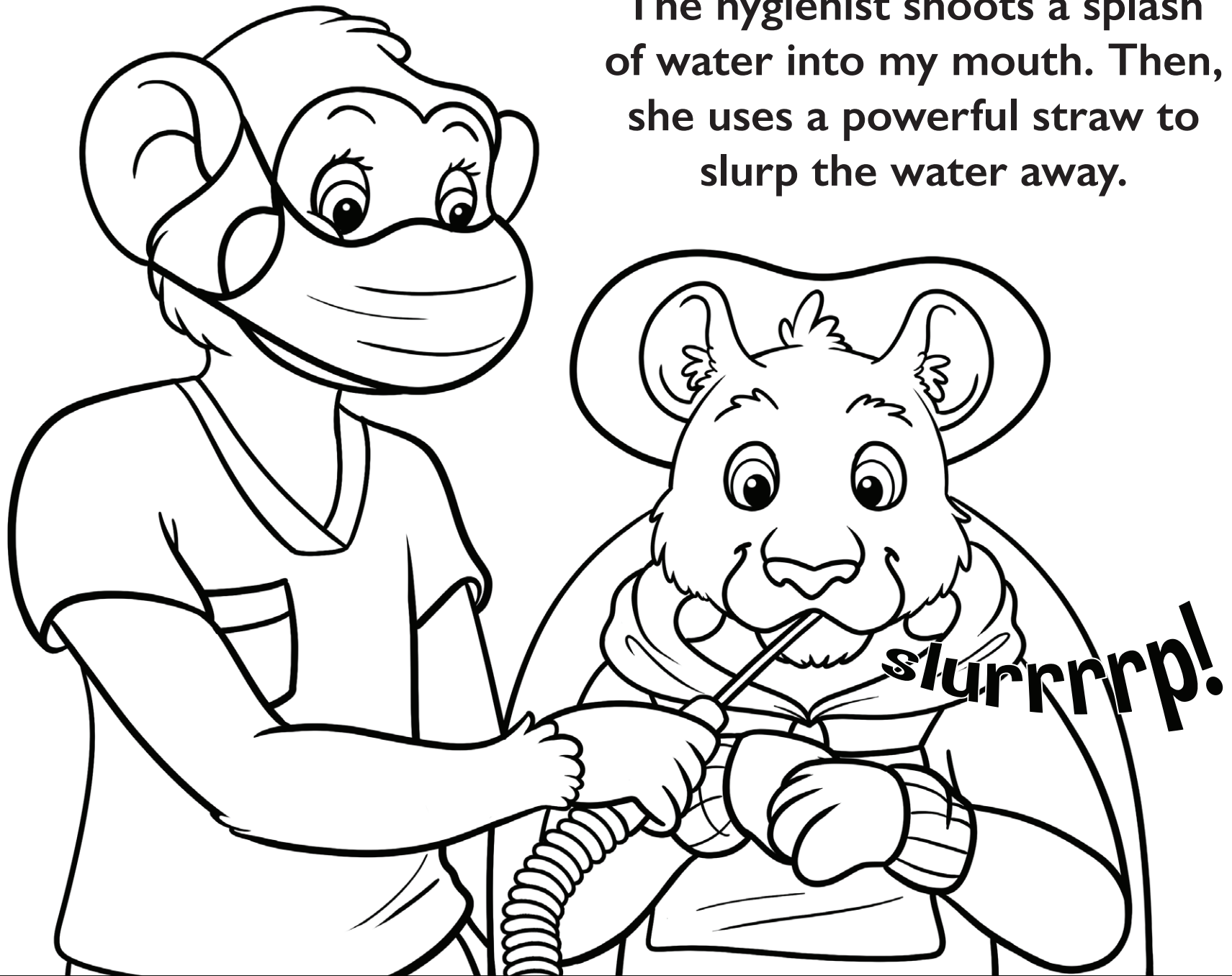




It's time to brush my teeth.  
Which toothpaste flavor will I choose?



The hygienist shoots a splash  
of water into my mouth. Then,  
she uses a powerful straw to  
slurp the water away.



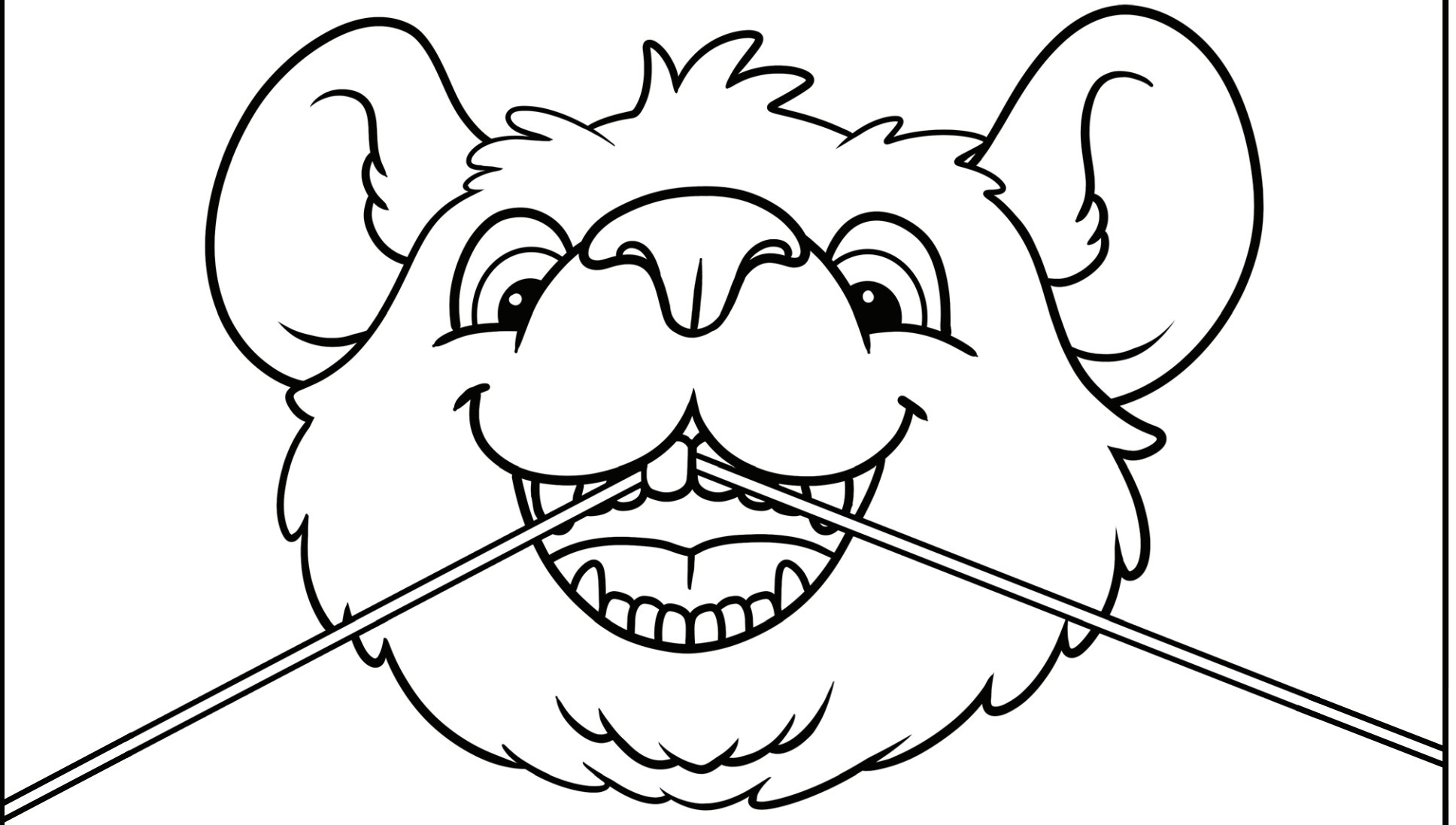


Once my teeth are clean, it's Dr. Bear's turn to see me.  
Dr. Bear is really kind and always makes sure I'm not scared.

Dr. Bear holds  
the little mirror  
and says,  
“Let’s count  
how many teeth  
you have.”



Sugar bugs are sneaky and like to hide between teeth to cause cavities, so Dr. Bear shows me how to floss.

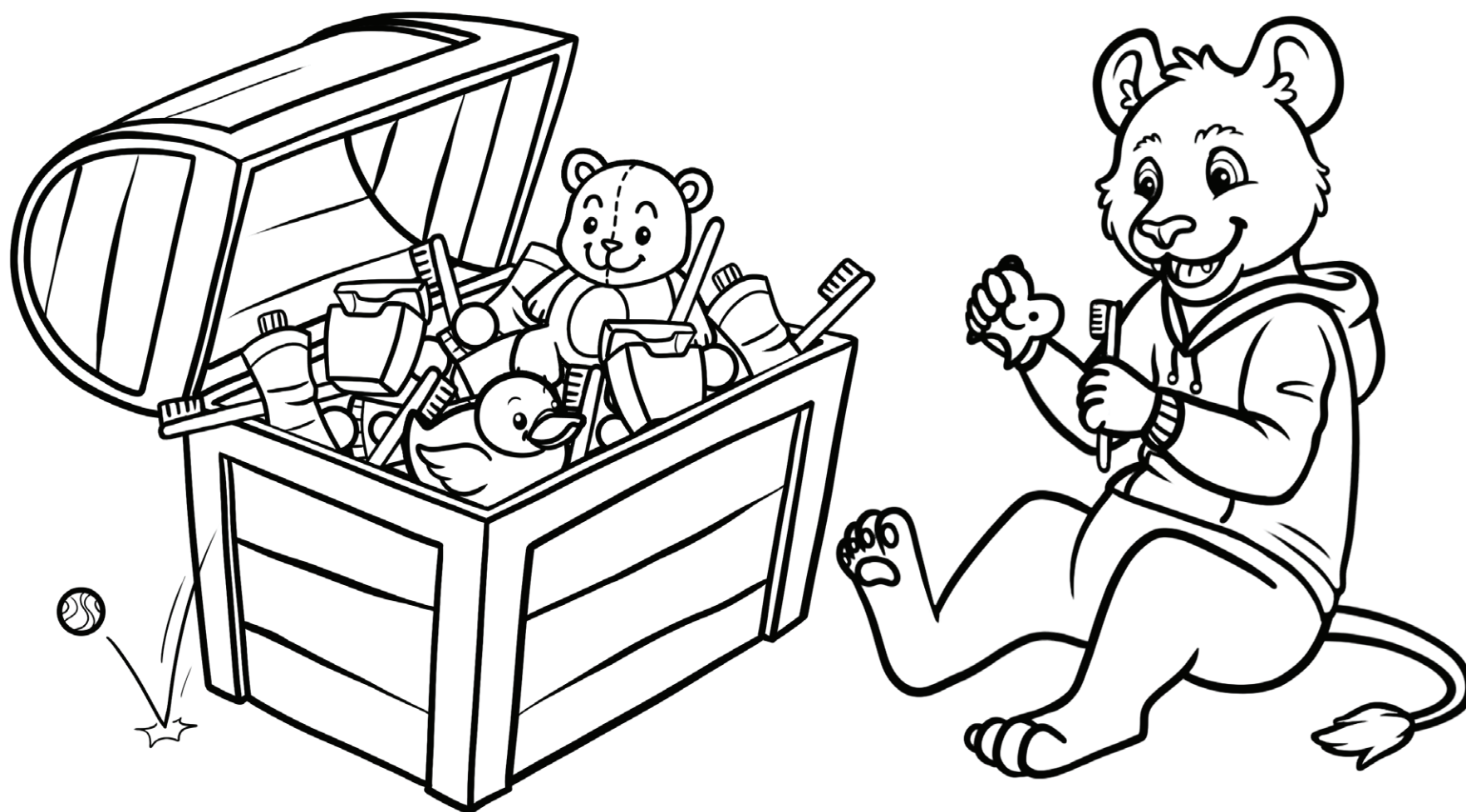


My teeth feel squeaky clean now!



Dr. Bear gives me a new toothbrush and toothpaste  
so I can keep my teeth clean at home.

“You did a great job keeping your mouth open and sitting still, so  
you can have a prize from the treasure chest.” Dr. Bear says.



Today was a great day. Thank you, Dr. Bear,  
for keeping my teeth healthy!

