



# FEBRUARY IS NATIONAL CHILDREN'S DENTAL HEALTH MONTH



## CLEAN THE TEETH!

This is a great sensory project for younger kids to learn how to create (and clean, of course!) a messy mouth.

### MATERIALS NEEDED:

Gallon sized zip-seal bag or clear page cover  
Clear shampoo, hair gel, or aloe gel, etc.  
Old toothbrush

Crayons, markers, or colored pencils  
Masking tape  
Tiny trinkets like beads, mini pom-poms, googly eyes, sequins, etc.

### STEPS:

1. Download the coloring sheet and ask your little helpers to color the page.
2. Align the coloring sheet with the transparency cover. Tape the corners of the coloring sheet to the **outside** of the transparency cover.
3. With your transparency now taped on top of the coloring page, trace over the mouth and teeth with a dark permanent marker.
4. Add a scoop of clear hair gel, shampoo, or shaving cream – any thick, viscous liquid will do – inside of the transparency bag.
5. Create a messy mouth by adding little beads, pom-poms, googly eyes, or other small trinkets you find around the house.
6. Enclose the opening of the transparency using tape, and then secure the project to a flat surface by taping the corners down.
7. Instruct your little helpers to use an old toothbrush to brush away the trinkets and gel, creating a nice and clean smile!

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